

Research proposal #1

Hello, my name is Audrey Price, and for my Research Proposal, I have chosen to analyze the Netflix Television show *13 Reasons Why*. By examining the show *13 Reasons Why*, we question does the show depict an educational view on teenage struggles or is it more harmful to viewers? *13 Reasons Why* was a recent TV show the point of view of a teenager named Hannah Baker, who was struggling with depression and ultimately ends her life.

The main factor that drew me to discuss this topic was how prevalent it is to today's generation. Suicide and depression are huge problems in this day and age, whether you know someone is struggling with them or not. These conversations deserve to be had, even though they might be extremely tough

Not only is it accessible, but *13 Reasons Why* sparked a huge controversy over the internet. Many people discussed the rights and the wrongs of the show, resulting in a huge increase in the number of views. *13 Reasons Why* was also advertised very well by Netflix. After that, many people heard about this show, concluding in a huge audience.

13 reasons why shows the societal pressures of teens, and to have a first-person perspective throughout Hannah's life does draw you into the show. The show itself is very well-done, and it does grasp your attention from beginning to end.

Although *13 reasons why* did spark controversy, the show had a huge following. Many people supported the idea of showing what someone goes through when depressed, and others thought the show took it too far, by not only showing the timeline of Hannah Bakers suicide but putting it in her perspective. Some thought that by showing only her side of the story, didn't give a good example for viewers. They thought the show formatted the message in the way that ending your life is the only option. Many perceived it as Hannah thought suicide was the only way out, rather than showing ways she could have gotten help. Others thought that the show portrayed real-life problems and gave people an inside look on what someone who is struggling with depression is actually going through, and how it affects the people around you.

Analyzing the show *13 reasons why* goes along with my brand very well. I am an aspiring nursing major and things like social and psychological problems interest me. There are many psychological problems displayed in this show, and it really is interesting to see how they all impacted in creating this show. One of the problems I addressed in my Mandate was how large is the effect of media on the younger generations. *13 Reasons Why* had a huge effect on their viewers, while still debating if it was a good or bad effect.

There are many others wondering this question. The show got so much backlash that Netflix actually removed some of the too graphic scenes of Hannah ending her life. There are so many debates on if the show is educational or simply triggering. While doing the research, I've

come across many different discussions and psychological studies on the show. Many others went in depth on how this show might actually have an impact on the viewers.

For my analysis of *13 Reasons Why*, the research I will be doing will show both sides and really go in depth on how much is affected by this TV show. There is so much to analyze, with so many different struggles portrayed throughout the show.